

Article 120: Fulfillment

What immortal dreams and desires are you hoping to achieve and fulfill? Any? ...or don't you care? Do you realize that you are both the fulfiller and fulfillment of your immortal self and life? ...for you can actualize the self and life you truly desire. In being immortal, you do not live or go to the end of the universe and time ...and a meaningful plan for you, you create time, the universe, and the meaning and purpose you desire by living them today, ...for you are not to be fulfilled, you are the fulfiller ...and in that are you fulfilled? If you are seeking fulfillment, you are living lack and feeling needy; ...that is no way to live a fulfilling self and life, ...is it? Have you set standards by which your fulfillment may be measured or assessed? If not, how will you know or verify your fulfillment? And if you have set the standard, ...why aren't you consciously living that right now ...with every belief, thought, attitude, emotion, word, and action? Are you living your high standard of fulfillment? What have you visualized and projected as fulfillment? How does that compare with your image of God? Are you willing to move far beyond even these boundaries and limitations? If not, you will resist fulfillment, for, while what you visualize and desire today is adequate, it is far from fulfilling and satisfying.

Fulfillment is not general, it is unique ...and emphasizes an exact match between what fulfills ...and the individuality fulfilled. Fulfillment can be very demanding and requires that you live in a particular way, for fulfillment is as you desire and live, ...and its excellence and satisfaction are as you determine, for you alone set limitations and restrictions, if any, on your fulfillment, ...are you willing to fulfill these unique demands of fulfillment? ...and end your limitations and restrictions on fulfillment? Contrary to other beliefs, fulfillment is about eradicating the lack and limitations you have set upon your self and life ...so you can live openly, honestly, and intimately without any restrictions; ...that is fulfillment. Strange as it may seem, all of life fully supports your being and living this fulfillment at every moment ...but you have rejected this support by judging ...and attempting to cause what you desire, including fulfillment, instead of living them. Fulfillment does not mean for you to fulfill or satisfy God's or the universe's requirements, it means for you to fully live your own requirements. After all, *and think carefully about this*, would you want fulfillment in any other form than that? ...to satisfy any other requirements than your own?

But you don't believe you can either set or satisfy those requirements of true fulfillment, ...do you? And that is the first limitation and restriction you must move beyond. Since you set the standards of fulfillment for yourself, certainly you can realize that, ...so why are you denying and forsaking yourself so? It seems that you are living and meeting your minimum standards ...not your fulfilling standards, ...why might that be so? Are you struggling between what others have judged to be good and right ...and what truly satisfies, fulfills, and enhances you? Which will you

continue choosing and living? Do not let the false beliefs, judgments, and previous experiences, which are built into every cell of your body as impulses, continue controlling and limiting your desired fulfillment, ...for your fulfillment, which is truly unique, does not conform to others' standards or desires ...and especially not to their judgments. The more you struggle to be like others ...and meet their standards of fulfillment, the further you move away from, delay, and limit your fulfillment.

It is frequently declared that, as a physical being, you are caught between your selfish desires and moral ideals, between freedom and release ...and your instinctive longing for control and satisfaction, between the demands of reality and the requirements of spirit, between happiness and immortality, ...but is this true? How can you possibly be caught between physical and spiritual ...or the requirements of physical and spiritual, when spirit is everywhere present? Spiritual/physical are one ...and physical fulfillment, if it is truly fulfilling, is spiritual fulfillment. Believing that you are caught in the middle, or believing that you are a spiritual being trapped in a physical body, is limiting and denying your fulfillment, ...are such false beliefs worth such a tremendous loss? But you don't believe you can possibly be fulfilled while physical, ...do you? You believe you must first die from the physical, ...does that really make any desirable sense to you? Of course not! ...but, believing that it does, you will continue denying and forsaking your self and life ...and your desired fulfillment. Spirit and fulfillment are all around you ...and truly within you, ...put down your limiting and withholding beliefs.

Compared with the almost limitless extent of your past history and experiences, your judgments and desire for control, and your constant struggle against your own perceptions and feelings, your desire for fulfillment is quite new indeed, ...so what have you discovered? Are you, with an open mind, ready to take a long and insightful look at the lifeseif and universe you have been creating and constantly struggling against? To comprehend fulfillment, you must put your judgments aside, see things from a different perspective, realize the entrapment of old ideas and habits, and understand the freedom and empowerment of a self and life without judgments, ...for only then will your fulfillment be revealed and known. Judgments fan the flames of ignorance, heat your emotions, blind you to the truth of your self and life, and dull your senses to your own fulfillment.

With competing beliefs and forces and issues so strong within you, is it any wonder that your fulfillment seems so vague and distant? ...and that you have created such strict conditions upon fulfillment? ...and imposed those restrictions upon your self and life? You have concealed and denied your fulfillment, established new conditions to be overcome, and fixed penalties upon your lifeseif which must be met before you are "entitled" to your fulfillment. All of these actions were your attempts to protect yourself

and your “right” to fulfillment, but they have only withheld fulfillment from you.

To have fulfillment, you must live that today with every belief, thought, attitude, emotion, word, and action ...exactly as you desire, ...there is no other way ...and nothing more is required of you. Fulfillment is self-evidencing, ...it is being and living as you truly desire, ...or would you have fulfillment other than this? If so, what is that?

ant: There are no antonyms to fulfillment because you have always been living the fulfillment you allow yourself, ...but, not believing that, to you, the antonyms are: judgment, neglect, disappointment, pain and illness, lack of satisfaction/joy/delight/happiness/contentment, and lack of openness/honesty/intimacy. Is this the level of fulfillment you want to continue living?