

Article 163: Why **WHY?** Part 1

If you are trying to live a fulfilling happy self and life AS you truly desire, if you are a healer, or if you are trying to help others live purposeful lives AS they truly desire, then this series is just for you; ...and, of course, if you are happy with your life ...or don't really care about such "foolish things", ...then the series might open your eyes and enliven your mind and spirit to a greater, more-fully expanded self and life.

When an event or illness occurs in your life, do not waste time, energy, or good thought-power struggling to discover why that happened, for no matter what you decide or seem to discover is the why of that event or illness, you must still answer why that why occurred ...and then discover the why of that event or illness ...and the why why why why ...ad infinitum. How's that for a complete waste of your life and time? Ohh, you can certainly decide upon or discover what happened ...or what is occurring in the event or illness, but you will never discover why. Any why or series of why leading to a situation or condition, like trying to find the cause of things, is futile, ...and it is for this reason that we have constantly said, "Never ask why ?

That said and done, the question that comes to mind is, "Should we destroy the word why ...or is there a **WHY** or trail of **WHY'S** we can follow to greater understandings?" Well, let's see.

This series was originally to be titled "Along a Trail of **WHY'S** From Form to Essence ...And to Greater Options!" We also considered the title "Along A Trail of **WHY'S** From **Purpose** to **PURPOSE** ...And to Greater Options!" Both of these fancy titles were much too long and complicated to use, but the pattern they portray is the pattern we will follow in this series of Articles, ...so please reread those long titles and fix the expressed pattern firmly in your mind before continuing.

If you have this pattern in mind, follow it with these next titles ...and then we will continue with an explanation of this pattern. The titles are "Along A Trail of **WHY'S** From Physical to Spiritual ...And to Greater Options!" and "Along A Trail of **WHY'S** From A Personal Relationship to An Open, Honest, Intimate Relationship ...And to Greater Options!" This pattern of **WHY'S**, if applied to other subjects or areas of your life, will easily and quickly guide you to greater and finer understandings and opportunities, ...therefore, instead of focusing upon our words, image the pattern that is clearly outpictured.

The dictionary defines essence as "the properties or qualities of a thing which give it its identity" and "the inherent, unchanging nature of a thing." Both of these definitions are, essentially, incorrect ...for while the essence of a thing or class of things "seems to express" properties, qualities, identity, or nature, ...actually, things are only known in the particular ...not through the essence. Unfortunately characteristics are

taken from the particular and laid upon the essence in a futile attempt to know and describe essence. All descriptions of spirit, for instance, are physical attributes ...not spiritual endowments.

Spirit does not precede physical, nor does essence precede form! ...but once a form is established, the essence or spirit is simultaneously obvious. For instance, the essence “circularity” (meaning circles) has no meaning or real existence until circular objects were formed ...at which time the essence circularity became obvious, ...yet many, many people insist that essence circularity was there all the time ...just waiting for an appropriate time to create circles. Of course, if that were true, we have to ask, “Why did the Inca Indians have thousands’ of miles of roads, but did not have the wheel?” ...for if the essence circularity was just waiting to express many forms of circles ...such as wheels, the Incas were certainly prepared ...but no wheel appeared. Maybe it is because circles must give form to wheels ...which enlivens the essence circularity.

Form enlivens and realizes essence!

In the same way, chairs enliven the essence of “something to sit upon” ...which expands the form-chair to include rocks, branches, and haystacks, ...and, if you want to sit on a computer, that suits the essence-chair as well, ...but not until you use the computer as a chair. Of course, even while using the computer as a chair, it maintains the essence-computer ...which didn’t come about until the first computer was created ...in mind or in fact. In the same way love is only known or experienced through physical actions which are considered to be loving. Love cannot be experienced except through particular forms.

In other words, all things are realized in or arise from the physical, they do not descend from spirit. Physical enlivens spirit! ...and by following this pattern, we can connect to many other awarenesses.

No greater or higher self or awareness awakens or enlivens any lesser self or awareness, ...the lesser always gives rise to the greater.

Wellness does not create health, health instills wellbeing.

Great moral awarenesses do not lead to a moral life, but one moral act awakens a moral life.

Wondrous connections do not create or express connections, little connections lead to wondrous connections and expand your awareness and life.

No great passion ever carries or instills passion, but one passionate moment can awaken a passionate self and life.

Feelings do not arouse or express your personal feelings, your personal feelings arouse and express feelings.

A greater, more awakened spirit does not, necessarily, live an awakened self and life, but an awakened person lives an awakened spirit and life.

Great souls do not quicken individuals, individuals kindle and stimulate great souls.

In fact, soul does not create and express self, self creates, animates, and expresses soul.

Contrary to common belief, desires and choices do not enliven and direct your beliefs, thoughts, attitudes, emotions, words, and actions, ...these activities enliven your desires and choices.

Your greatest and finest self does not guide you, you guide your greatest and finest self.

*The greatness you desire is within you.
Seek there!*

Do you see and understand the connections and awarenesses which flowed from the original pattern of circles and circularity (form and essence)? If so, then you realize that *purpose* enlivens and realizes **PURPOSE**, ...and *purpose*• **PURPOSE** is what we will speak about.

Forever Living constantly asks you to “declare yourself and your **PURPOSE**”; ...of course, this **PURPOSE** is not a *purpose* to do, attain to, or achieve, it is the way you do everything you do, ...it is your declared self in action. And since you only, and can only, do all things relative to yourself, only by declaring and knowing your self ...and consciously living every belief, thought, attitude, emotion, word, and action relative to that self can you possibly understand the lifeseif you are living ...and probably struggling against, ...so you can know and live your finest self and life AS you truly desire.

Unfortunately, whenever we ask people to describe the lifeseif they truly desire~and we mean the spirit or essence they are willing to live so

this life self constantly and reliably serves•fulfills•enriches them regardless of the ever-changing situations and circumstances of life~they almost always describe a very limited and limiting physical self and life which, alone, cannot offer a clue as to the self and life they truly desire.

For example, they cannot or will not speak of what “living happily” is all about, they only describe what they think might cause happiness for them ...or lead to the happiness they believe they desire. The problem with this, like trying to cause anything, is, “What if you create exactly what you desire, ...then what? ...or what if you cannot create what you want, ...then what? In either situation, in an every-changing world, you must set another happiness-goal ...and struggle to reach or fulfill that desire, ...but by constantly changing your only reliable focus or consistent reference point for your self and life in this way, you cannot actually know your self and life, so how can you possibly live as you truly desire?

Or maybe you feel that “living as you truly desire” is a lost cause ...or you must live as your family obligations require! ...as society and events present! ...as religion says is morally right as determined by God! ...as life and circumstances impose upon you! ...as hurts and illnesses affect you! ...or as habits create for you! Well, none of these restrictions are real, you are free to live, in all ways ...at all times, as you truly desire, ...and life will fully support every belief, thought, attitude, emotion, word, and action of your doing so, ...but you don't believe that either, ...do you?

Only you hold yourself back!