

Article 166: Why **WHY?** Part 4

In part 3, we discovered that our client had selected a purpose and life to live more because she had the ability to heal others than because she wanted to heal them. And she was very defensive and obsessive about this purpose. It seems that her meaning and purpose in life was not so meaningful or purposeful ...after all. Ohh, what to do?

*I thought I wanted to heal others, but now you have me so afraid I don't know anymore. You've destroyed my healing, my meaning and purpose, and my Healing Center, ...**WHY'D** you do that?*

If I did all of that in this conversation, then your healing, your purpose, and your Center couldn't have been very important to you.

Ohh, ...that really hurts, but I suppose you're right. Now, I really have a problems...

And what would you do when healing others or creating your Center if you ran into real problems? Would you quit? ...or struggle on desperately? ...where's any happiness and fulfillment in that?

When you put it that way, there isn't much happiness in any of this, is there? ...but what else can I do? My whole life depends upon these things! Besides, what could be better ...or more meaningful than healing others?

Well, let's reversepicture this situation and see what emerges. (This client knew about reversepicturing, so we didn't have to discuss the mind functioning through comparison of discrimination ...or evaluations such as worthy/unworthy, but you may have to do that with your clients.) If people are struggling to discover their meaning and purpose in life, ...what might the reversepicturing of this be?

That they know their meaning and purpose ...and are trying desperately to live and express that ...or live it as they truly desire.

Good! And if they are suffering with an illness ...what's the reversepicturing of that?

Well, without knowing the specific illness, I can only generalize that they know their wellbeing ...or the self and life they truly desire ...and are struggling to be that ...and live it.

Great! And now you...

*Me? **WHY** me? I thought we were talking about others. What've I done wrong ...now?*

You haven't done anything wrong, ...though we were speaking of others as a way to discover you, ...so what might your seeing others as ill ...and in need of healing truly reversepicture about you?

I suppose it shows that I actually know their purpose and wellbeing ...or can help them see that for themselves ...and guide them to live it, ...which has little or nothing to do with healing, ...does it? It's greater and finer than healing, ...isn't it? ...but maybe that's why I'm so good at healing,

...I can see beyond the illness, or through the illness to the real person on the inside.

And **WHY** do you want to do that? ...or continue doing that?

*Because, from their illness, I know the meaning and purpose others are actually struggling to live, ...and my own meaning and purpose seems to be helping them see that ...and live it. Humm. Wait a minute! Something funny's happening here. No matter what I say ...you ask **WHY**? What's goin' on? What's really going on?*

Well, when we began this discussion, you were absolutely convinced that healing others and creating a Healing Center in Hawaii was your great purpose in life ...so you could offer alternative medical treatments, ...and you defended this purpose ...even to the point of attacking me personally...

But you attacked me! ...and my purpose. You said they weren't good enough. I was only defending myself, ...don't I have a right to do that?

...and you were convinced that following this desire would somehow make you so happy that you were willing to forsake any other life or possibility ...including, I might add, any real thought of a fine romantic relationship and family, for you felt you would be perfectly satisfied and happy without them, ...but following a pathway or pattern of **WHY'S** led us from this limited purpose and life to an expansive and fulfilling self and life, so let's retrace our footsteps ...or this pattern of **WHYS**.



You wanted to heal others ...and create a Healing Center in Hawaii as your life's purpose.



So you could offer alternative treatments, ...because medicine is inadequate and uncaring.



Because you believe we need to treat the whole person ...not merely the illness.

WHY?



Because people are suffering with inner-sicknesses as well as outer-illnesses, so we must treat both ailments.

WHY?



So people can get well from the sicknesses and illnesses they are living into their body and life.

WHY?



You said you were worried about others ...and healing them helps you forget your own problems and resolves your lack of purpose ...and will probably relieve your own health problems.

WHY?



You said you have health problems ...and a lack of purpose in your life ...and want to resolve those things.

WHY?



You believe that all people have similar problems in their body and life which they are struggling with ...and you want to help them with this ...so you can have life “as you truly desire” at all times.

WHY?



Living AS you truly desire is, to a great extent, not living any particular events and conditions ...but how you genuinely feel about those situations. When judging, your feelings are reactions ...and you are living and struggling with and against happenings and circumstances ...and not living as you truly desire.

WHY?



In a causal world of judgments, all feelings are reactions ...and, though you may not realize it, your actions and judgments are focused on manipulating people and events to get the feelings you desire.

WHY?



You indicated you could trust your feelings, but as reactions continued from the past, are they actually reliable?

WHY?



Probably not! ...and your problems and illnesses ...and lack of meaning and purpose flow from these untrustworthy reactions.

WHY?



You declared that we are each carrying our own inner-sickness ...because we are all struggling against our life and feelings, straining to create what we desire ...or the feelings we desire, not living a meaningful life of purpose, not feeling happy or fulfilled, and cannot discover or won't declare a satisfying being and life and feeling to live. People judge things and live their judgments instead of their self and life ...and AS they truly desire.

WHY?



Maybe people don't know any way other than through judgments and reactions, so let's reversepicture meaning and purpose ...and see what is revealed. It seems that struggling to find meaning and purpose indicates they know their meaning and purpose ...and are trying to appropriately live and express that.

WHY?



Reversepicturing people's ailments shows that they know the self and life and feeling of wellbeing they truly desire.



Reversepicturing reveals that you actually know of the meaningful wellbeing and feelings others are trying desperately to create and live, ...and your own meaning and desired feeling seems to be helping them see that and live it.

And that's my happiness ...isn't it? ...and my meaning and fulfillment! ...which has nothing to do with healing ...or a Healing Center. Boy ...this is really weird, for living as I truly desire is helping people live the meaning and purpose and feelings they truly desire ...instead of their struggling to cause these things, ...and living in that way IS their wellbeing, ...isn't it. Ya know? ...and I can live that and do that all the time ...in every situation, ...which means, in helping others in this way, I'm always living the meaning, purpose, feelings, and wellbeing I desire, ...doesn't it? ...which is far greater and more-meaningful than healing symptoms ...or creating a Center to do that, ...because, without those understandings people will continue living their old conflicts over and over. What we need is a way to understand and resolve our repeated problems and conflicts ...and life's seeming contradictions, ...got any ideas about that?

See next week's Article!