

Article 215: Embodied Actions

This weeks' Article is our answer to the question, "If I can only have what I offer to others, when seeking inspiration because I feel a lack of inspiration, if I try to inspire myself, ...won't I only reinforce my feelings of lack of inspiration?"

To answer your questions, we have to discuss the structure of language, which forms your beliefs and thinking and feelings; ...and we'll take the time ...because we might use this as an Article, but it will be part of the Spring Gathering on Thinking, so here goes.

The structure of language is subject-verb-object, or "something or someone does or causes something." Now, following this structure, if you want do something, then you (whomever you are) must first decide the "something" you want to do ...and why you want to do it, ...and this is all wrapped up in a covering of whether what you want to occur is meaningful and worth doing. If you've gotten over this first hurdle, then you must get inspired, impassioned, decide on a meaningful and appropriate action to follow, and commit to the action, ...then you can act ...and judge the consequences of all this; ...of course, it is most likely that you will get trapped in searching for inspiration, passion, meaning, and purpose ...and struggle to commit to an action ...without knowing whether that will cause or lead to your desired outcome ...which you cannot be certain will give you what you want, ...all of which doesn't matter anyway, because you are struggling endlessly to get inspired and follow through. In other words, like most people, you're so busy trying to discover what to commit to ...and how that you never really get around to living as you truly desire.

If you never get started in this process, you'll never have what you desire, ...and if you do get started, you'll probably get trapped by the misbeliefs of language. But remember, you cannot do what you do not want and expect to have what you do want; ...and obviously, since things are not caused, if you want fulfilling happiness, you cannot do something to cause happiness, you must be and offer fulfilling happiness at all times; ...you cannot "live happily" or "be happy", for in the good/bad structure of language, *happily* is a "good" way of living ...and *happy* is a "good" way of being, which traps you in good/bad judgments ...and keeps you from any happiness searching for the "good" things to do; ...and since nothing will resolve this dilemma, let's reconsider the language that created the problem.

If I show you a hammer, would you believe that a man invented something and called it a hammer without knowing what it was to be used for? ...or did he see a new way to embody the action of hammering in a hammer? You would only accept that latter answer, ...except when it comes to yourself, for you believe that you were created like a hammer ...and must now discover what you are to be used for~aka your purpose. This is foolishness ...but the structure of language declares that *something causes something* ...or hammers pound nails. If you consider that “hammers pound nails” then you will quickly understand that you do not know things~in fact, you cannot say what anything is ...including yourself~you know all things only by their actions, ...thus a hammer evokes *the image of hammering* ...and is known by that image. All things in life from cars to quarks are only known by their actions, ...except, you still think you are “a person who does things”, you do not think of yourself as the doing; but, like cars and quarks ...and hammers, the known essence of yourself is an action ...and this is consistent with all things in the universe. Just as matter is energy in solid form, you and all things are embodied actions, ...but you don’t believe that do you? Well, even the hammer, composed of atoms and electrons and protons is in constant motion, ...so even *things* are a coalescence of constant actions, yet you believe you are a *thing acting* ...because that is the structure of language. Which will you accept ...that you are an action? ...or a thing acting? ...or maybe, as we will discuss, an action acting?

In language, a noun cannot be a verb; ...for instance, the noun boat must be converted to the verb boating in order to speak of the action, ...yet, a verb such as exercising can be the noun-subject of the sentence “exercising can be fun”. In other words, trying to know yourself as a *thing* limits you ...and keeps you from actively knowing yourself, ...while knowing yourself as an *action* frees you ...and enables you to know yourself; but, unfortunately, you believe that *things* are more permanent than *actions*~wrong again!~and you want immortality ...or at least an extended being or life ...which you see available to you in a language based on “things doing”, ...for the subject seems to outlast the action. But, what we are talking about is “things being actions ...and actions being things”. Though language makes it seem otherwise, you are an action which is a thing ...not a thing acting or doing something. Action is the essence and truth of you! ...and all things in the universe, ...but you are seeking “the right action to do” ...which only denies yourself.

If you understand any of this, then you know you cannot succeed at “gaining inspiration, getting inspired, being inspired, or inspiring others” ...because these actions are a self gaining, getting, being, or inspiring, ...and you cannot say that you ARE the inspiration you offer, for this maintains you and inspiration both as things ...and separate. However, can we say, for example, that *your living without judging is inspiring?* ...if so, then, in this action, “inspiring IS you”, ...which should never be reversed to declare that “you are inspiring” ...for this maintains you and inspiring as separate ...and makes you dependent upon being inspiring; ...you don’t do inspiring ...you ARE inspiring! ...which can only be said as “inspiring is inspiring”.

Sooo, ...how can inspiring be inspiring? Well, from our first description of inspiring, by “not judging”, ...and though this may not be inspiring to others, it certainly inspires inspiring being inspiring ...and expands *inspiring’s way of being inspiring*, for, in being itself “not judging”, inspiring has infinite ways of fully being and living and offering and knowing itself ...and being inspired by its own actions and knowing others without judging. In this, inspiring breeds inspiring!

If you are trying to inspire yourself, outwardly or inwardly, return to the beginning and reread ...and if you get here again and do not understand this, reread again ...and again.

This next comment was in response to our question, “*Does the wind blow?*” The answer is, no, there is no wind that blows, ...blowing is the wind ...for without blowing there is no wind. In the same way, you ARE your actions.

This reader’s comments were, “The wind cannot stop blowing in order to turn around and study the mechanics of itself blowing, can it? If it does, it’s not the wind anymore. Our response was:

Now, for your last comment that “the wind cannot stop blowing in order to turn around and study the mechanics of itself blowing, for if it does, it’s not the wind, True! ...but this statement is filled with errors ...which reflect your present fears and actions in life. In order to know itself, wind does not have to stop blowing, inspiring does not stop inspiring, and you do not have to stop either. This idea comes from the false belief that a thing can only be known by its opposite, ...but, if this is true, then opposites can only be known by the original. Following the structure of language today, to know yourself as inspiring, you must stop being inspiring and know the difference (judgment) between inspiring/not-inspiring, ...however, inspiring being inspiring knows itself as inspiring

...and no not-inspiring is necessary. Be and know and live your actioning
...not your self-doing!

The next question was the reader's first question. "If I think about all this stuff alone, and try to apply it to myself, am I only reinforcing my belief that I don't get it?" Our answer was:

Now your first question. Inspiring can think and know of itself as inspiring and open new expressions of inspiring at all times ...and will do so, simply because inspiring is filled with inspiring (action) ...not with inspiration (thing). Inspiring never has to wait for a condition to be inspiring, ...this is self waiting for the right and proper conditions in order to act, which *separates self from actions* ...and destroys all self-knowing.

All of these problems are language problems ...not self-problems!
But you think, believe, struggle, feel, and suffer your language.

Aloha,

Roger & Misty