

Article 242: Twisted Narratives –part 1

Making assumptions or drawing conclusions frequently leads to solutions to problems which are more limiting and difficult ...and confusing than the original problem. An example is language! To improve communication and make life easier and more-effective, man created a language-structure which, instead of realizing life, imposed the limitations of his language-creations upon life ...and upon himself. Ohh, certainly, man could certainly communicate “better” ...but, since his language did not represent life, this communication has limited him ...and choked the life out of him for 10,000 years. By adding the burden of false judgments ...and overcoming things that do not exist to his language, by creating an endless search for non-existent “causes”, and by creating disharmony where, before, harmony existed, language has kept all things mankind truly desires just out of reach.

Somewhat as an example is this story of a work crew on a construction project which was steadily falling behind in its assigned tasks. In desperation ...and hoping to improve their effectiveness and remain on schedule, the contractor hired an instructor to teach the men yoga and mediation during lunch and mid-afternoon breaks ...and inspire them to work more-effectively together. As the team learned to act as a unit, the contractor had high hope for their work progress ...and meeting his construction schedule, until he discovered that after an initial increase of work, their output fell behind ...until it was even less than before. Ohh, certainly, they did work together ...but they were more concerned with staying in harmony than the work they accomplished. In much the same way, your language today is more-concerned with your being in harmony with it than with serving as you truly desire.

You are living your false language ...not a false self.

Is it possible that you are more-interested in speaking and acting in harmony with your language than you are in living as you truly desire? Does it seem wise to continue in these ways? Even using the structure of language to make assumptions about your self and life ...and the universe is equally faulty and self-deceiving.

Be careful of your assumptions!

MAKE-BELIEVE SELF AND LIFE.

Is it really possible for you to believe in yourself? ...if so, how? To do this, what is required? Can you believe in yourself directly? ...or must

you believe in yourself doing or being something? Well, just as you cannot think of yourself thinking, to believe in yourself, you will have to *believe in yourself believing in yourself*, but it seems you cannot do this until you believe in yourself, ...which means that “you cannot do something until after you have done it” and “you can’t begin until after you finish,” ...does this make much sense to you? ...for in this situation, how can you possibly even begin believing in yourself? And if you cannot believe in yourself, ...how can you ever do anything? Does this mean you can’t do *anything*?

Of course not!

You believe you can do things ...and you don’t have to finish before getting started, ...and you still believe you can believe in yourself. Maybe just believing you can believe in yourself is enough, ...and you don’t actually have to believe in yourself. Does this mean that you don’t have to do things ...just believe you can do them?

But that’s a make-believe life.

Since you don’t live the things you achieve or attain to, but live how you *feel about* those things, ...doesn’t this indicate that you can live a fully enriching life of happiness just by believing you are doing so ...and creating the supporting emotions? And if this is true, it indicates that you alone create the meaning and purpose of everything in your body and life, ...and that is truly so. Does this mean that nothing is real? ...that everything is a believing mind?

Think carefully about this!

Are you disturbed about a particular situation or condition? ...and trying to make sense of these things? Do you really believe in yourself? Do you believe in your way of life? Is your way pleasant and satisfying? Are your activities enriching? Can you believe anew in yourself so you can live the self and life you truly desire?

What you believe you become!

IN THE MOMENT.

You cannot act in a moment where you do not exist ...and you cannot act in the moment in which you are, yet you only exist where you are, ...therefore, you can never act.

Similarly,

Your problems and illnesses cannot be active in a moment in which you do not exist ...and they cannot be active in a moment where you do exist, yet they only exist where you are, ...therefore, at every moment, your problems and illnesses are inactive, so why are you carrying your problems and illnesses from moment to moment and keeping them active? If it is painful for you to think about that,

Consider this,

Without you, your pain does not even exist, ...therefore, you must be the pain in your life, ...are you also the problems and illnesses? You only have as much sadness and disappointment or happiness as you conceive and carry as a vision for yourself. Imagination and inspiration tap the very essence of life, so whatever you focus your attention on becomes your reality and life ...and your body.

Your lack of freedom is an attitude.

Do all of your tasks nourish you as you truly desire? Does it seem that illness is destroying the self and life you truly desire? If so, why don't you stop living your problems and illnesses by living as you truly desire? How do your problems and illnesses actually serve you? Look carefully and profoundly ...and consider these things insightfully. Have you been jumping to false conclusions? Why might you not be willing to make a commitment to whom and what you truly are?

You live in a busy, ever-changing world!