

Article 318: Allmind Dreams And You -part 1

Your nighttime dreams are a fine example of an allmind you in an allmind universe, for, as you know, everything in your dreams, yourself included, occurs in your mind, but you are concerned about your strange ...frequently fearful or confusing dreams, ...aren't you? ...so let's consider these matters first.

Have you ever had a dream in which you were not either a participant or an important observer? ...if not, it is reasonable to declare that no matter what occurs in your dreams or how unpleasant they may seem to be, ...they are about you!

Sixty years ago, Mahatma Gandhi said that, "If you want to bring God to a starving man, you must bring God to him in the form of a loaf of bread." Of course, after that man has eaten and recovered, you can then discuss God in ordinary terms.

In much the same way, your dreams bring you your Godself or promiseself in the dichotomylanguage and images you know best, ...and, unfortunately, since you limit yourself, reproach yourself, depreciate yourself, ...and even frighten yourself with your language, your dreams are forced to speak to you in this same language, ...therefore, it is important to understand that by interpreting and transliterating your dreams, you are not translating them into "the real things" of your waking life; ...actually, **your dream is the real thing** which is being pictured and spoken of in a language you will ...or may understand.

It is time to realize that by interpreting your dreams into your waking life of duality, you limit and frequently distort the ideas, images, and guidance being presented, ...for, just like your allmind universe, your dreams always say exactly what they want to present, ...or, more-correctly stated, in dreams, you always, clearly and insightfully present yourself with the beliefs, actions, concepts, guidance, and self-realizations you want ...and will accept, but these are normally twisted and distorted almost beyond recognition by your dicotomylanguage awareneses, feelings, and images.

Of course, you could change your language! ...and your dreams will change as well ...and so will your allmind self, life, and universe. Have you had your fill of a dichotomylanguage self and life yet?

Do you have problems understanding the features and representations in your dreams? ...or the people and events in your life? Have you ever considered that your allmind dreams are "forced" to speak in a language of symbols, images, and movement because your dichotomylanguage is too limited and limiting, too inaccurate and confusing, and too misunderstood to convey the truth and expansiveness

of yourself and life? ...yet your mind is fully capable of encompassing all of these wonders without conflict or distortion.

If you “symbolize” anger as, say, uncle Fred in your dreams, doesn't this mean that you understand uncle Fred's anger ...but not your own? ...therefore, denials and misunderstandings are in your “waking” world. There are many advantages in symbolizing or embodying anger and other beliefs and concepts in these ways ...but there are far-more disadvantages ...because you can easily deny, rationalize, or manipulate these ideas and awarenesses, ...and what's to be gained in that? ...especially since the ideas and awarenesses are yours to begin with ...as you put them into your dreams.

It is obvious that though you live in a waking world, this is your unawakened world ...and **your allmind dreams are your awakened world!** Remember, your allmind dreams are real ...and most of your waking life is false or let's pretend, all the result of your language.

You believe that if you change your false waking life and world, your dreams will change:...don't you? But have you ever considered that by changing your allmind dreams your waking life and world will change? Which do you believe is easier to change: your allmind dream world ...or your waking world of material things? Remember, you are the author, director, player, audience, and critic of your dreams,...so which do you have the most-control over?

But you don't remember most of your dreams, do you? Could it be that you don't really like the script you are writing and playacting in your mind?

Do dreams outpicture your daily thinking? ...or does your daily life outpicture your dream-thoughts? Do dreams really outpicture the results of your thoughts? ...or are allmind dreams your thoughts which outpicture as results in your life? Freud, in declaring that “the interpretation of dreams is the royal road to a knowledge of the unconscious activities of the mind” failed to realize that understanding your “waking life” is the royal road to a thriving life of allmind ...as lived in your dreams.

There is no unconscious dimension in your mind or psyche ...or even in your life, ...however, there is an allmind dimension within which “all things” exist. A life that *depends* upon particular things excludes itself from expansive allmind awareness. Do not seek to get in touch with what is happening in your “unconscious”, ...instead, understanding your allmind world, which has been mistakenly referred to as “your subconscious or unconscious”, will free you from the mistakes and limitations of language, will make your life more-effective and enrichingly fulfilling, will provide extraordinary awarenesses, and will offer you intimately-expansive love

and happiness ...all of which, for many years, have been wasted or neglected while you lived a languaged-self and life, ...isn't that sad?

Allmind is a goldmine of extraordinary awarenesses and a fulfilling self and life, but, not understanding allmind, you have limited yourself to a languaged-self and life ...and failed to be all you are ...and can be. Since your allmind dream world reveals the truth about you, opens the door to God, and attunes you to your greater self and life, why aren't you actively living your allmind world all the time?

**Sense the stirring feelings and awareness
...once frozen deep inside you!**