

Article 334: Some Stuff About Some Stuff -part 2

1. It is frequently declared, in one form or another, that intimate listening involves, not merely hearing the words, but listening through the words to their underlying meaning, and this may be true, ...however, by denigrating the words ...which are truly your partner's out-flowing, you denigrate your partner ...and you are hearing only your own words; ...and by listening through the words, you are focusing on and hearing only your own conclusions and assumptions about your partner's words ...and have lost all contact with your partner. Is that any way to be intimate, listen intimately, or continue in an intimate relationship? Actually, do you ever listen intimately to yourself? ...or have you forsaken intimacy with yourself?

2. It is said that the universe, instead of expanding and then contracting to a "big crunch", will continue expanding until it flies apart and there is no matter or energy in the universe ...and nothing will be left, ...but don't worry, for the allmind universe, just like a thought, will leave information behind. The real thing to be concerned about is whether we will wise up and leave non-duality information behind ...or will we continue creating false duality-languaged information to leave behind such that the universe coalesces this same false and limiting information into the next universe?

3. To avoid creating confusing dualities and misunderstandings which may get left behind, everything you think or say ...or express in any form must be sufficient within itself; ...for example, the word "teaching" says nothing within itself, it is completely insufficient and when compared with "not-teaching" it says even less. If you are speaking to me of your "teaching", tell me what you are doing or going to do which you believe is teaching. If I don't know what you mean by "teaching", offering synonyms, such as instructing, educating, explaining, communicating and demonstrating, lecturing, or preaching, will not help at all, for none of these words are self-sufficient either.

You certainly have the right to use these insufficient words, but if you want to communicate clearly, then avoid all such words, ...or when questioned about what you are saying, explain what you mean in words that are self-sufficient within themselves, ...don't continue synonyming.

Think about it, what does using, doing, going, showing, realizing, creating, knowing, believing, supporting, caring, loving, or even understanding these words really mean? ...you don't really know ...do you?

4. You believe in "things" of the universe ...and your mind as the perceiving, controlling, and communicating device between you and those "things", then you also believe that those "things" are real ...and that life as you know it today arose from those inert things. Think about this, even if you create "living organisms" in the laboratory, have you really created "life"? ...and do you really believe that active mind occurred from inert things? However, if you understand that all things are mind, then all of life comes from

mind, each “thing” is a particular embodiment of mind, inert “things” can come from mind, and you are endowed with the original activating “stuff”.

5. In the past, using themselves as a pattern, men, with women standing right behind, created their world and populated it with man and woman-like Gods and Goddesses doing people-like things ...and struggling with people-like desires, attitudes, problems, and feelings, ...now, though science provides us with a great deal of information about particles, energies, and systems, it is time to realize that people have sufficient qualities that properly reveal unknown or unrealized personal information about the universe. Thus, instead of looking solely to science’s information and answers for enlightenment or understanding life and the universe, we must look to our own unique qualities, which are in fact essential elements of the universe, for answers; ...and the first quality that comes to mind is mind itself, for *as man is not man without mind*, the universe is not the universe without mind, ...or is this getting too personal for you?

6. Consider this carefully: you never see or know an intimate partner, you see the picture of your partner that you have in your head ...and what you “know” about your partner is based mostly on that image, ...do you visualize correctly? ...or are you living with false images? Is your intimate partner as you have imagined him or her to be? This is also true of touching and feeling an intimate partner, ...and, of course, you have never listened to your partner either, ...have you? Under these circumstances, your images, knowings, and feelings of an intimate partner are really suspect, ...wouldn’t you agree? ...and what you hear is not reliable either. Maybe that’s why intimate relationships don’t seem to last very long, because all of the intimacy was only in your head, ...but it was pleasurable while it lasted, wasn’t it?

7. Once a belief has been created or accepted, a task has been learned, or a reaction has been established, then, for any situation involving this or a similar belief, task, or reaction, the likelihood of your acting differently approaches zero, simply because your personal memory-conditioning, which you are addicted to and depend upon, will continue your old belief, behavior, or feeling.

Your “self” arises simultaneously and codependently with awareness ...and self-realization occurs; ...in other words, growing, learning, developing over time, retards and even withholds your greater and finer self and awareness, ...and as you continue and follow “conditioned” awarenesses and experiences, the only self that arises is a conditional-self, ...a language-conditional-self, we might add, ...is that enough for you?

8. Your self and life are each determined more by your “unconscious” beliefs than by your conscious awarenesses, though, despite Freud and Jung, unconscious-beliefs are not held unconsciously ...working “beneath the

surface”, for you are aware of these beliefs, yet, for one reason or another, you deny them and try to conceal them, but this constant attention also empowers them, ...therefore, instead of constantly struggling against these beliefs, you would be better-served to understand them by living the "truth" of yourself. For example, if you believe, unconsciously, that you are unworthy, then, regardless of the reason, in this, you realize your *true worthiness* ...but have developed a reason to conceal and deny your true worthiness.

Do not live the beliefs that language has foisted upon you,
create and live the beliefs that work for you.