

Article 385: Outside the Box -part 2

You are your mind! ...every aspect of you is mind ...and how you think or motion your mind is vital to your being and living, ...and those who tell you to quiet your mind so you can reach a greater state of consciousness or awareness deceive you ...and are themselves deceived. In addition, because of language, you confine your thinking ...and your feeling and visualizing and doing to the cause and effect structure of language, but the universe does not obey language ...or how you language the world around you to be.

Since you cannot calm stormy seas, move mountains in one piece, or change darkness into light, you are told to quiet your emotional thinking ...and the stormy emotions within you! ...remove obstacles in your life! ...and change the darkness of ignorance into the light of awareness! All such advice, in any form, only compounds your problems and complicates your life ...for now you are not in harmony with the world around you ...and whether or not you realize it, your inner-life is a mess ...or certainly not as you desire it to be, all because, years ago, you surrendered your self and life to cause and effect. Within you and all around you, language has deceived you, for, though it seems otherwise, you do not and cannot cause effects, you are the mind of your thinking, feeling, visualizing, and doing ...and everything around you and within you is, for you, as you are minding.

If you feel it is in your best interest to live outside of the cause and effect box, do not quiet your mind so you can hear a small voice within you, even if that voice is encouraging you to come outside of the box and play, ...instead, busy your mind beyond cause and effect ...and give voice to what is truly there, ...and listen carefully to yourself voicing that. You are not given words to listen to or words to speak, but in speaking ...you voice what is not; ...and in acting you motion what is otherwise still.

Also, do not submerge or subdue your ego or personality ...and certainly not your self, instead, live beyond cause and effect ...and all will be well with you and within you. Realize that whether seeking for yourself or acting to help others ...you are only serving cause and effect, yet, in reaching beyond cause and effect, no matter what you do ...even seemingly in cause and effect, that serves and honors you. There are no right paths ...or right ways to serve ...only ways beyond cause and effect.

If you are honest in declaring your intention to reach beyond cause and effect and come out of the box, then be aware that you, not cause and effect, will test your inspired determination ...and you will frequently stumble and fall into cause and effect again, ...don't be discouraged, ...rise up in inspiration and begin again! ...and again! ...and when you come to a real test in your life, know that you alone created that situation through cause and effect to test your resolve in staying outside of the box.

Can you recall a time or experience when you awoke from a dream or situation in which it seemed that all the knowledge of the universe was within you? ...or available to you? How did that feel? ...did you feel expansive and free? ...and enlightened? That was a moment and experience free of cause and effect! You were not sustained by faith ...you were no longer restrained by cause and effect, and at that moment the darkness of cause and effect was lifted.

There is no lessening of cause and effect ...or gradual transitioning out of cause and effect, for all such cause and effect actions increase your dependency on cause and effect, ...are you willing to carry the light of *life beyond cause and effect* in your life for others who want to come fully into their own?

The movement of cause and effect is different for everyone ...and actively unique in each person's life, ...do you have a vision of how cause and effect moves in your body and life? ...and how cause and effect function in your experiences ...and controls them? Now, relax and consider these next questions carefully and wisely, ...what is the place and function of cause and effect in your life? ...and is that what you truly desire? What kind of cause and effect are you living? What do you want and expect from cause and effect? Is your cause and effect reliable? ...is it dependable in providing what you want? ...the way you want it? ...when you want it? How do you see cause and effect fulfilling your dreams? Beyond your desires, what can cause and effect do for you? If cause and effect is doing all the work, what are you doing? ...and if you are doing all the work, what is cause and effect doing?

A "normal" concept of cause and effect is an action apart from you which controls ...and usually limits or withholds whatever you truly desire. What are you seeking from cause and effect? ...wellbeing? ...success and happiness? ...intimate-companionship? ...opportunities and fulfilling activities? ...admiration? ...acknowledgment and enriching emotions? It seems that all of these things are "out there" ...they must be! ...but they are locked up in cause and effect ...and not being given to you ...right? You really believe cause and effect can bestow these things on you ...but it isn't doing that ...right? ...yet you remain ever-faithful to cause and effect, ...why? Do you believe that some act of omission or commission is why cause and effect is withholding from you? ...or are you doing something wrong?

Does guilt, resentment, or judgment affect cause and effect? ...or limit cause and effect benefits in your life? Does it seem that cause and effect has an active memory of everything you have ever done? ...the big things and the insignificant thoughts and actions? ...then judges you and withholds fulfillment of your desires? ...yet fails to properly judge others? Is cause and effect

fair!? ...and fair to you? ...or is cause and effect self-serving? Maybe cause and effect is too complex for you to understand and follow.

Are you willing to consider the possibility that cause and effect never offers, bestows, or withholds? ...and certainly never judges or punishes you for violating cause and effect? ...for if cause and effect were *waiting* for you to be properly deserving ...or *waiting* for you to follow the *right procedure*, it would indeed be arbitrary and cruel ...wouldn't it? Do you really hope and pray for cause and effect to act in your favor ...and cause things to be as you desire? ...if not, what are you doing? ...how are you living your self and life? ...and do you actually believe that asking and hoping have any affect on cause and effect? Do you actually expect cause and effect to do for you what you won't even do for yourself? ...you do don't you?

In the weeks ahead, we will look closely at what you believe about cause and effect ...and see if we can discover a more-expansive and desirable idea and way than cause and effect to live as you truly desire, ...actually, cause and effect won't let you live as you desire ...you must live as cause and effect desires. Is it possible that your hoping, desiring, and praying actually interferes with cause and effect? ...how might that be? ...what could be happening? It sounds from all of this that cause and effect actually exists ...doesn't it? Maybe cause and effect doesn't really exist ...and that's why it seems so complex and arbitrary!

Maybe what is happening isn't actually happening!