

Article 74: Happy About Happiness -part 6

Though it "appears" that your actions can and frequently do interfere with other individuals or create dangerous consequences, ...and you are concerned that by living and expressing your trueself as you desire might be "wrong" and harm another, know that this is not true, for the *oneness of the universe* and *the goodness and benevolence of all things* keeps your trueself-actions from ever interfering with or actually harming another's trueself or desires.

What do you use as a sanctuary from happiness?

As we have indicated before, the universe, also known as God, has **never** kept you from believing, thinking, posturing, feeling, saying, and acting as you truly desire, ...thus, though, to you, it appears otherwise, the unconditionally loving universe/God has always fulfilled your choices and trueself desires without, in any way, without ever interfering with another. Were it otherwise, if your actions could "actually" harm another, then the universe/God would not be unconditionally loving, good and benevolent, and fully protective of you and all others, ...for you would be at the mercy of every individual and event in life, ...and chaos would reign everywhere. Do you really believe that an unconditionally loving universe/God would participate in completely fulfilling your beliefs, thoughts, attitudes, emotions, words, and actions if, in doing so, others were harmed? If you do, then you also believe that the universe is a horrendous trial, burden, and vicious lesson, ...or that the universe/God is completely indifferent to you ...and to everyone and everything.

Understanding the all-rightness of things will enliven your desired happiness.

All individuals in every event are full and active participants, there are not those who abuse and those who are abused, ...such erroneous beliefs only arise from judgments, unawareness, and the inappropriate structure of languages. **Every condition or situation merely indicates the lifeseff each participant in the event is creating and living**, but you will only see and understand each event and the trueselves involved by not clouding your mind with judgments.

Sense the comfort and guidance of happiness.

By continuing and living your judgments, you can *never* see or understand what is happening or know the truth of your self and life, ...which is why God said to Adam, in Genesis 3:17, ...because thou hast eaten of the tree [of the knowledge of good and evil]" ...in sorrow shalt thou eat of it [the fruits of good/evil judgments] all the days of thy life." Sorrowfully, your judgments blind you to the all-goodness and

benevolence of life ...and all things. By driving Adam and Eve out of Eden and placing "Cherubims and a flaming sword which turned every way" to guard the pathway to the tree of everlasting life, God was, in that, protecting Adam and Eve from an everlasting life struggling with futile judgments of good and evil, ...and the resultant sorrow that comes from all judgments.

Happiness asks you to let go of old beliefs and all judgments.

From the Genesis story, it is obvious that God did not want people to live by the fruits of judgments, ...yet, like Adam and Eve, you continue living and intensifying your judgments and struggles and unhappiness. However, if you are willing to see and understand yourself and others and all things in the universe without destructive, self-blinding judgments, you will begin seeing the "truth" of yourself and all things ...and change immediately and dramatically from ever-conflicting unhappiness and sorrow to happiness and fulfilling enrichment. Only your judgments keep you from seeing and experiencing the goodness and benevolence of all things and living the happiness you desire.

You are infinite, self-directed wisdom.

Happiness is choosing, at every moment, as you truly desire and having that. Since the universe protects your free will to choose as you desire and simultaneously fulfills the choices you make with every belief, thought, attitude, emotion, word, and action, ...why aren't you happy? Are you unhappy with the choices you've made? Have you chosen blindly or judged your happiness away? Or could it be that you are happy in your unhappiness? Life is a wondrous on-going emergent drama; ...how are your self-created judgments and dramas destroying your desired happiness? Since removing your blinding judgments will enable you to see and understand beneath appearances and beyond limitation, ...isn't it time to reconsider your beliefs and thoughts ...and stop dwelling on unhappy memories of the past?

You are the happiness or unhappiness of your world!