

Article 94: Energy Healing and You, ...and Much, Much More.

Energy and matter seem to be too fundamental aspects or forms of the universe, yet, at the same time, matter seems to resolve into energy ...or into nothingness. For example, science declares that as a human being, you are merely a vast universe of tiny cells which are accumulations of minute particles which are aggregates of even smaller subatomic substances which are composed of more space than anything else; ...therefore, following this reasoning, reduced to your fundamental elements, you are nothing ...and not matter what you may feel or believe, or sense or desire, you do not even exist, ...you are merely a particular vibrational pattern of energy, ...whatever energy may be.

Many spiritual seekers, energy healers, and physicians of ancient medical techniques study how to sense and manipulate energy, attract and repel energy, offer and receive energy, unblock and direct energy, determine good energy from bad energy, and cleanse and renew energy ...and many of these individuals create effects and results which, on the surface, seem unusual or extraordinary. These individuals frequently create and experience, for themselves and for their patients, dramatic changes or healings, ecstatic or soothing states of mind, loss of or increased body awareness, control of pain or body functions, internal voices and visions, increased states of awareness, and abilities far beyond what is assumed to be normal and explainable, ...yet, *after these experiences*, very little has really changed in the vibrational pattern of energy which is the body and life of these seekers, healers, or patients.

What has happened ...or gone wrong? After all, the stated purpose of these energy activities was to bring about lasting effects, healings, or illuminated awarenesses. Was manipulating energy really the medium of these experiences and effects? ...or was it something else entirely? And where extraordinary happenings or healings occurred, was something else actually being manipulated or affected?

It seems that only your consciousness, in one form or another, can and does create such experiences and effects ...and only consciousness can effect a healing, ...otherwise, if energy alone can create these results without your active or passive consent and full participation, then you do not have free will ...and you are subject to being “victimized” by energy ...and others’ manipulation of your energy. At this point, we must also indicate that if energy can be controlled, blocked, manipulated, intensified, lessened, directed, or changed by consciousness, then consciousness is preeminent in the universe, not energy, ...and only this protects and maintains your life and free will.

At this point, many individuals will rush to point out that, in accordance with ancient eastern philosophies and teachings, the “primary truth” of life is that only consciousness exists ...and what is objectified as you and the universe is only consciousness manifesting as energy manifesting as form.

Well, we will **not agree** with much of this point-of-view simply because consciousness, being defined as “having an awareness of one’s existence, sensations, and thoughts, and of one’s environment, ...and being capable of making complex responses to the environment”, indicates a single, universal awareness and a particular entity possessing or offering this universal consciousness; ...and “being capable of making complex responses to the environment”, keeps you a “victim” to the environment by constantly having to respond to conditions, events, circumstances, and situations outside of your control, ...all of which of course destroys your free will. As we have indicated in the past, the infinite universe and your personal universe cannot have a purpose, for if they do, their purpose, being preeminent to you, limits and thus destroys your free will to create and live the purpose you desire. The same is true of a primary, overall consciousness, ...for the activities of that consciousness would certainly limit and restrict “your consciousness” and freedom to act.

No useful or understandable purpose is every served by declaring that the universe is, say, primarily or only energy, consciousness, or love ...without defining this essence or essential aspect ...and without considering the obvious consequences of such a universe. You are, right now, presumably, living and struggling with or against the consequences of such a universe-construct that keeps you “victimized” ...and prevents your from creating and living the universe you fully desire. Even if you define consciousness as “intentionally or deliberately concerned or done”, as in deliberately or intentionally creating the universe, this also indicates a prior, universal purpose or consciousness which limits and thus destroys your DIVINE FREE WILL. We will have none of this!

It is obvious that, through the ages, man has always looked at his struggles and problems and then constructed a belief system that justified, and seemed to explain the conflicts and burdens of a malevolent universe, ...but this only continued and intensified his struggles and problems, with little or no relief, ...so man then created “false Gods” in the hope that these Gods would provide the desired relief from their “false constructs”. Well, we do not accept or intend to continue or live such limitations and faulty understandings, simply because the universe obviously allows and fully supports us in the creation of a life and universe of “our choice”; ...therefore, we declare the empowerment and outcomes we desire and then live those right now, ...and the universe fully supports this. It is from this declared empowerment and position then that we have reconsidered previous universal constructs. Instead of understanding the universe as it appeared to ancient people and continuing that, we declare our desires and ask, “Why not!” (thank you Momi) ...and find that the universe fully supports our empowerment and desires.

We hold your free will as SACRED AND DIVINE ...and primary in the universe, ...therefore, as you are God, there can be no initial purpose or

consciousness which precedes or limits your ability to create the purpose, empowerment, and consciousness you truly desire to be and live and offer.

Reviewing the previous definitions of consciousness, which includes being aware of and capable of making complex responses to the environment, indicates that consciousness and the universe as the environment, are individual-appearing aspects, ...such that the universe is free of primary-consciousness and purpose ...and these are allowed only to sentient beings such as you ...and trees and similar things, ...in fact, consciousness and purpose define sentient things. And this alone then protects your DIVINE FREE WILL and self-chosen SACRED PURPOSE. Do you want to continue living without these offerings? ...and valued gifts?

Now, let's return to the spiritual seekers and energy healers we spoke of earlier. Those who effected extraordinary visions and experiences, and those who brought about "healings" in others, were obviously creating a pattern or example of expanded consciousness and empowerment for the seekers or patients to choose and follow, should they truly desire to do so; ...and these experiences and healings remained active or effective only as long as the seekers and patients maintained their expanded consciousness to these greater and finer self-empowerments and opportunities.

In other words, in this, their energy and vibrational patterns were **not** manipulated, unblocked, intensified, or changed, ...for that would destroy their empowerment and DIVINE FREE WILL, ...but a pattern was offered for their consciousness to freely follow or reject. It is vital to understand what is really occurring in all of this: Individual consciousness is the vehicle of empowerment, experience, and change, ...not energy, ...therefore, effects and "healings" continue only while seekers and patients live and empower their enlivened and expanded consciousness.

While energy and matter appear to be basic in the infinite universe ...and awareness and substance (as form) are prime in your youniverse, ...consciousness and purpose are preeminent in you. And free will is SACRED AND DIVINE within you. Do not believe those who declare that you do not exist ...or that this life and the physical universe are illusions, for they are afraid to live their preeminent consciousness and empowerment.

*Are you willing to freely and fully live
your **divine** free will
and **sacred** empowerment?*