

Article 98: Infinite-Patterning in Action part 2

If you are ill, improperly or uncomfortably situated in life, or vibrating at a low or high rate, to help you, it is necessary to correct your lifetone ...or underlying personal-patterning. But what is “right” and natural for each person? Obviously, there is not one natural or harmonious vibration or patterning for the earth plane which all things are to attune to, ...you must determine your existing personal-patterning or lifetone ...and correct that, ...but discovering your existing patterning is obviously difficult, for though this tone is strong and steady, it is constantly changing throughout your life, ...often moment by moment. You have to touch your consciousness or underlying personal-patterning and feel your spiritual or essential pulse ...or the personal-patterning or tone you truly desire to be and live.

Also, determining your base-patterning today is vital, so your choice of healing techniques, medication, or life changes will be ones that you can easily attune to ...and not ones that might worsen your health, feelings, or truly desired self and life. It is important that all “healing” include changing your perception of your self and all things by creating and manifesting the personal-patterning or lifetone you truly desire ...which will change your perception and transform your lifeseif ...and guide you to truly expanding--healing--your body and life.

It is obvious that, in the past, you sought relief from your difficulties and illnesses ...and turned right around and continued your old beliefs, thoughts, attitudes, feelings, and actions, ...and your difficulties and illnesses. To “heal” you must transform your old patterning and set yourself on a more-desirable patterning and less-problemed existence, ...otherwise, you will only gain temporary relief without any long-term benefits, ...which is what is offered by normal medical techniques, medications, and healings. This is like moving iron filings around: as soon as you stop, your self and life assumes the old, underlying personal-patterning, ...which is the way of all physical healings, regardless of any contrary assumptions. Are you willing to settle for that? This personal-patterning process is a fine way to heal or expand or transform your spiritually mindful body and life, for true healing does not heal or change, it helps you create a more-accepting, less-resistant environment in which you may fully transform your lifetone or personal-patterning and your manifested self and life ...and your body.

As in our illustration of iron filings reacting to an underlying magnetic field, though each filing has its own field, it gives that over to the magnet's stronger field, ...which creates an even greater and stronger pattern. In much the same way, the atoms and events and attitudes in your life give their particular field and patterning over to you ...and arrange themselves to suit your personal-patterning of consciousness. And as you offer your present-patterning over to a greater, finer, more-desirable lifetone and patterning, your spiritually mindful body and life are completely transformed. This does not mean that you surrender or lose your own lifetone, personal-patterning, or identity, as the iron filings do not lose

theirs, ...but it enables you to manifest and live an even greater and finer life and patterning or spirit ...while completely maintaining your own individuality. All healings and changes must stimulate physical and psychological effects ...and also create deeper, more profound transformations of your underlying personal-patterning, ...but, unfortunately, no medical or healing treatments today offer these transformations ...or even understand this patterning.

Energy-work does not involve your personal-patterning, for energy is of the physical universe, while your patterning is founded on the consciousness and purpose within you.

Pythagoras was correct: no treatment of an illness in the body should ever be attempted without also treating the soul's consciousness: the field of conscious life and patterning in which your spiritually mindful body and life exist. Also, when trying to change one-thing-at-a-time (as medicine and healers and therapy seem to do), each change struggles, mentally and emotionally, against other things, including your old habits and behaviors--the spirit and patterning of your life--which keeps you and your life in a constant state of confusion and turmoil. Then, to gain some temporary measure of relief and peace and constancy in your life, you quickly return to your previous beliefs, thoughts, attitudes, emotions, words, and behaviors (even though they may appear to be different), and nothing will have changed. Ohh, possibly, through all of this, some minor changes may occur, and some symptoms may be relieved, but these will not usually last. Repeating these actions over and over again is referred to as growth, development, or the process of change or healing, ...but little or no growth or changes or healing is occurring. Is that really what you want? Of course not!

By insightfully seeing and knowing your selfimages and visions of your self and life and God, and your judgments about these things, or your fear of being judged, will lead you directly to understand yourself and your problems, ...which will awaken you to finer foundational beliefs upon which you can develop a new understanding and religion of life, for your way of life, your spirit or lifetone, your personal-patterning, is your "religion of life". As long as you cling to mistaken beliefs, a disharmonious lifetone, or an inappropriate personal-patterning, you will constantly outpicture illness, limitation, lack, and pain in your self and life ...and it will seem that the things and relationships you desire will remain just out of reach ...or quickly fade away from you. The great secret in life is seeing and understanding the infinite-patterning of all things in the universe ...and the personal-patterning in your self and life. But, whatever you do, when understanding your self and life, never consider even the possibility that karma, in any form, illustrates and describes infinite-patterning, personal-patterning, or your lifetone.